

9th March 2021

The Value of Collecting Patient Data

Society of Homeopaths webinar



We have developed a new simple tool called V-HAWK. This is a short questionnaire that collects information about people's health: virus related symptoms, COVID status, health related quality of life, long standing health conditions, treatments being used.

This will enable us to:

- Assess the incidence and prevalence of COVID-19 in the general population
- Obtain information on treatments/ strategies being used
- Assess the impact of COVID and treatments/ strategies being used on health and health-related quality of life

PROMs

Patient Reported Outcome Measures

What they are - standardized, validated questionnaires that are completed by patients.

What they do - measure the patients' views of their health status thereby providing insight into the impact of an intervention or therapy on the patient.

Patients' perceptions of their health and experiences are key to providing excellent patient-centred care.

'Describing what homeopaths do is the first step and it will lay solid foundations for the homeopathy profession and future research. Letting patients speak is the means by which homeopathy will move forward. This is a way for homeopathy to have its own voice heard and be a more recognised system of medicine, which has something valuable to offer.'

- Clare Relton The Power of the Patient Voice New Homeopath Summer 2020 39:2

MYMOP Questions:

Choose one or two symptoms (physical or mental) which bother you the most. Write them on the lines.
Now consider how bad each symptom is, over the last week, and score it by circling your chosen number.

SYMPTOM 1:	0	1	2	3	4	5	6
.....	As good as it						As bad as it
.....	could be						could be
SYMPTOM 2:	0	1	2	3	4	5	6
.....	As good as it						As bad as it
.....	could be						could be

Now choose one activity (physical, social or mental) that is important to you, and that your problem makes difficult or prevents you doing. Score how bad it has been in the last week.

ACTIVITY:	0	1	2	3	4	5	6
.....	As good as it						As bad as it
.....	could be						could be

Lastly how would you rate your general feeling of wellbeing during the last week?

0	1	2	3	4	5	6
As good as it						As bad as it
could be						could be

How long have you had Symptom 1, either all the time or on and off? Please circle:

0 - 4 weeks 4 - 12 weeks 3 months - 1 year 1 - 5 years over 5 years

PROMs in the clinic

- Brings focus to what your patient wants to improve
- Benchmarks the start of treatment
- Helps to recognize improvements at future consultations
- Helps to set treatment goals

Benefits to practitioners

- The results are publishable
- Websites and marketing
- Basis for funding applications for further research
- PODs

‘The data sets can be used for: research, quality improvement projects, clinician performance evaluation, audit, and economic evaluation.’

Charlotte Kingsley, MBBS BSc FRCA, Sanjiv Patel, MBBS BMedSci FRCA, Patient-reported outcome measures and patient-reported experience measures, *BJA Education*, Volume 17, Issue 4, April 2017, Pages 137–144, <https://doi.org/10.1093/bjaed/mkwo60>

Testimonials

Patient Audit

The ASD Pod Project

Patient Audit

The audit below took place during the early months of the coronavirus pandemic. Some of my patients filled in a short questionnaire as to their symptoms and wellbeing. I am grateful to all those who took part and to the two researchers who have produced this report and supported me through the process. This information is intended to describe what was happening during this period rather than to prove the effectiveness of homeopathic treatment.

 Customize  Edit  Stats ...

[Lucinda Torabi Patient Audit 2020](#)

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PODs

- Groups of practitioners working together
- Condition specific or otherwise
- Collaboration and support
- Will increase knowledge and skills
- Information will be produced in greater quantity than could be by a single practitioner

Using WeCudos online platform

- The data is stored in one place
- It is secure and GDPR compliant
- The information is ready for analysis
- It is affordable
- It's flexible and efficient

A key benefit to
individual
practitioners,
colleges and the
Society of
Homeopaths

- Using PROMs demonstrates a positive movement towards maintaining professional standards and accountability

Benefits to the profession

- The more we use PROMs the more we have to share about who is using homeopathy and how they benefit from it
- This is our patients speaking and so is far harder to dispute
- The outcomes can be shared throughout the profession, used in the media and used to lay the foundations for more systematic research
- It's positive and proactive!

LINKS

- Making Cases Count - Pod Projects <https://www.makingcasescount.org>
- WeCudos – online platform - <https://www.wecudos.com/>
- Health Hawk – support and access to online platform -<https://hawk.health/>